	Curriculum Vitae	
PERSONAL INFORMATION	tahereh kamalikhah	
Picture	Pepartmentof public health, Faculty of Health, Kashan Usciences, Kashan, Iran +9831	Jniversity of Medical
Education and Training	Sexfemale   Date of birth   Nationality Iranian  Academic Status:assistance professor	
(2010-2015)	PhD inhealth education & health promotion	
(2007-2010)	Master of Science inhealth education	
()	Bachelor of Science innursing	
POSITION & WORK EXPERIENCE		
(Since August 2019)	Kashan University of Medical Sciences.	
(Since December 2018)	Kashan University of Medical Sciences.	
(Since December 2018)	Kashan University of Medical Sciences, Kashan, Iran.	

Curriculum Vitae



(Since December 2018)	
(Since 2018)	
(Since 2016)	
(Since 2010-2013)	
(Since 2016)	
(Since 2013)	
(Since 2010)	
HONORS	

Curriculum Vitae	
appreciation from the Head of the Health Education and Health Prom Ministry of Health, Ms. Fatemeh Rakhshani, for attending and judging Media Festival in 2008	notion Office of the
2. Letter of appreciation from the then Deputy Minister of Health, Mr. attending and judging the National Digital Media Festival in 2012	Mesdaghinia, for
3. Receiving the 2016 Model Professor Statue of Semnan University	of Medical Sciences
4. Selected academic educational process of Semnan University of Nthe Shahid Motahari Festival in 2018	Medical Sciences at
5. Selected academic educational process of Semnan University of M the Shahid Motahari Festival in 2019	Medical Sciences at
7. Selected academic educational process of Semnan University of Norther Shahid Motahari Festival in the field of curriculum design in 2010	
6. Selected academic educational process of Semnan University of Norther Shahid Motahari Festival in the field of teaching and learning in 20	
8. Receiving a letter of appreciation in the fight against the coronaviru	us from Semnan
9. Receiving a letter of appreciation from the Razavi Service Center	Tehran Region 4
10. Received a certificate of appreciation from Semnan University's Amonitoring educational transformation	ADC for cooperation in
11. Received a certificate of appreciation for cooperation in the INVA University of Medical Sciences	project at Kashan
12. Received a certificate of appreciation for third place in the essay s  National  Festival	section at the Fardokhi

**PERSONAL SKILLS** 

## Health Coaching, life coaching



## **RESEARCH INTERESTS**

Health Coaching, life coaching medical education

## **RESEARCH PROJECTS**

- Curriculum Vitae

  1. First project leader: Studying the effect of education on family planning performance of women referring to health centers in Zahedan using a transtheoretical model in 2009, Zahedan University of Medical Sciences, Health Promotion Research Center, 2009
- Main collaborator in the project: Studying factors related to flossing in Pakdasht high school students, 2012
- 3. Collaborator in the project: The effect of prenatal counseling on changing attitudes and performance of primiparous women applying for elective cesarean section with the Health and Nutrition Research Center of Baqiyatallah University, 2013
- 4. Supervisor in the project: Explaining the experiences of using virtual networks in the dimensions of adolescent health: A qualitative study Semnan University of Medical Sciences Student Research Committee, 2016,
- 5. Supervisor in the project: Explaining the views of key informants in Aradan County on collecting stray dogs using the community readiness model Semnan University of Medical Sciences Student Research Committee, 2016,
- Supervisor in the project: Examining the knowledge, attitude, and performance of Azad University students about diseases Mokarebat, 2017
- 7. Supervisor in the project: Investigating the causes and factors of domestic violence in married women in Garmsar, 2019.
- Collaborator in the project: Awareness; Attitude and Practice of People Regarding Aflatoxin Poison in Pistachios

1397

- First Executor in the project: Action Research in Reviewing the Internship Program of Environmental Health and Public Health Students with an Entrepreneurship Approach and Empowering Students,
- Executor of the National Project for Outsourcing the Evaluation of Hoda Workshops,
   2013
- 11. First Executor of the Project: The Lived Experience of Women Patients with HPV in Kashan County, 2014
- 12. Second Executor in the Project: The Relationship of Anthropometric Indicators with the Risk of Cardiovascular Diseases: Cross-Sectional Analysis of the Zahedan Adult Cohort Study, at Zahedan University of Medical Sciences, 2014

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currently being prepared and approved

13. Executor of the National Project on Traditional Medicine in Disease Prevention,



## **PUBLICATIONS**

1. Kamalikhah T, Mazllomi Mahmood Abad S, Khalighinejad N, Rahmati-Najarkolaei F, Dental flossing behaviour and its determinants among students in a suburb area of Tehran—Iran: using Transtheoretical Model. Int J Dent 2015, 17(10). IF:2.47

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Kamalikhah T, Mirrezaei S, Rahimi T, Sabzmakan L, Ghobakhloo S, Community readiness for collecting stray dogs in Aradan County: a quantitative-qualitative study.

Ir Vet J. 2021 Apr 1;74(1):10. doi: 10.1186/s13620-021-00184-4.

IF:2.1

- 3. Kamalikhah T, Fatemeh Rahmaty Najarkolaei \*, Leila Sabzmakan, Nooshin Rouhani Tonekaboni, Kirkpatrick evaluation of theory based educational program for low back pain management in teachers, 2016. Trauma Monthly J.2017(5)22
- 4. Kamalikhah T, Rakhshani F, Rahmati Najarkolaei F, Gholian Avval M. Evaluation of Transtheoretical Model-Based Family Education Among Females of Zahedan (Southeast of Iran).Iran Red Crescent Med J. 2015 Oct 13;17(10):e18895. doi: 10.5812/ircmj.18895. eCollection 2015 Oct.
- 5. Kamalikhah T, Morowatisharifabad MA, Rezaei-Moghaddam F, Ghasemi M, Gholami-Fesharaki M, Goklani S. Alexander Technique Training Coupled With an Integrative Model of Behavioral Prediction in Teachers With Low Back Pain. Iran Red Crescent Med J. 2016 Aug 9;18(9):e31218. doi: 10.5812/ircmj.31218. eCollection 2016 Sep.
- 6. Tahereh Kamalikhah, Safiye Ghobakhloo, Ali Mehri, Leila Sabzmakan\*, Bahareh Azimi Khoshroodi, Action Research in Revising the Internship Program in Public Health Students: Empowerment and Entrepreneurship Approach, International medical journal 2020, 25, 3
- 7. Tahereh Kamalikhah, Fatemeh Rahmaty Najarkolaei\*, Rezaei moghaddam Farid, Nooshin Rouhani Tonekaboni, Sabzmakan Leila, Hassan Okati-Aliabad Education of Teachers with Chronic Low Back Pain Based on Integrative Model of Behavioral Prediction, health scope, 2019, 8, 3
- 8. Tahereh kamalikhah, Assessment of the relationship between demographic variables and knowledge, attitude and practice of Azad Islamic University students about STDs in 2018, Hiv & AIDS review, 2021, 20, 3
- 9. Tahereh kamalikhah, Tehran teenagers 'experiences about the impacts of excessive use of social media on health dimensions in 2018: a qualitative study, Middle east journal, 2021, 8 (24)
- 10. Ghasemi M, Kamalikhah T, Salesi M, Rahmati F.J Evaluation of psychometric properties of the maastricht upper extremity questionnaire (MUEQ) in iranian computer users.

Educ Health Promot. 2021 Jul 30;10:245. doi: 10.4103/jehp.jehp\_1096\_20. eCollection 2021.

- 11. Sabzmakan L. KamalikhahT., Chaleshgar Kordasiabi M., Nourian M. Associated Factors with Dietary Adherence among People with Cardiovascular Metabolic Risk Factors based on PRECEDE Framework: a Mixed-Method Study, Journal of Education and Community Health, 2021, 8 (2)
- 12. Mojgan Javidi, tahereh kamalikhah, Zahra Ghobakhloo Yoosef Faghihnia Torshizi, Safiye Ghobakhloo, Evaluation of knowledge, attitude, and practice of hairdressers in women's beauty salons in Garmsar towards infection control and disinfection, Iran Occupational Health, 2020, 19, 17
- 13. Sabzmakan L, Ghasemi M, Asghari Jafarabadi M, Kamalikhah T, Chaleshgar Kordasiabi M.Factors Associated with Tobacco Use among Iranian Adolescents: An Application of Protection Motivation Theory. Subst Use Misuse. 2018 Jul 29;53(9):1511-1518. IF=1.131
- 14. Euro Mahmoodabad SSM, Torre Rabori NR, Farmanbar R, Fallahzadeh H, Kamalikhan T. The effect of motivational interviewing-based intervention using self-determination theory on promotion of physical activity among women in reproductive age: A randomized clinical



20. Studying the effect of educational intervention based on the precautionary process model in HIV screening test in nursing students, Iranian Journal of Health Education and Health Promotion, Scopus

Fatemeh Rahmati-Najarkolaei, **Tahereh Kamalikhah**, Farideh Goldoust1. -Marandy, Mohammadreza .\footnote{\subset} Jafari, The Comparative Health-Risk Behaviors between Boys and Girls of Freshmen at University of Tehran, Iran, Iranian journal of health sciences 2014, 3(2)

Mohammad Ali Morowatisharifabad., Ahmad Haerian-Ardakani\***TaherehKamalikhah**, Abbasali .\footnote{\text{Dehghani}} Dehghani\_Tafti1M., Samira Hassanpour, Narjes Rajaee-Behbehani1, Fereshteh Rezae1, Demand for Dental Care in Household Mothers in Yazd, Iran, 2012, 2 (1)

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- **3. Tahereh kamalikhah**, Alexander technique for preventing and improving low back pain, international journal of musculoskeletal pain prevention, 2018, 4, 2
- 1. Tahereh Kamalikhah, Fatemeh Rahmati Najjar Kalaei, Masoud Karimi. Views of teachers and students in Zahedan city regarding the necessity of reproductive health education in schools, Zahedan Research Journal, 2012, 2, 14
- 2. Seyyed Saeed Mazloumi Mahmoud Abad, Tahereh Kamalikhah\*, Masoud Karimi. Study of determinants of dental floss use using a meta-theoretical model in Pakdasht high school students in 2012 Toloebehdasht Journal, 2014, 13, 2 3.
- 4. Seyed Saeed Mazloumi Mahmoud Abad, Masoud Karimi\*, Tahereh Kamalikhah, Fatemeh Zare Harfteh, Analysis of the effectiveness of the evaluation workshop of health promotion programs in health workers of Shahid Sadoughi University of Medical Sciences, Yazd, based on the Kirkpatrick model, Yazd Medical Education Studies and Development Center, 2013, 4, 8

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6. Mohammad Hossein Baghiani Moghadam, Mehdi Gholian Aval\*, Masoud Karimi, Tahereh Kamalikhah, Study of the views of male students of Yazd University of Medical Sciences regarding the use of bicycles based on the theory of planned behavior Toloebehdasht, 2014, 46, 4

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- 8. Fatemeh Rahmati Najjar Kalaei, Mehdi Khobdel\*, Mohammad Ghasemi, Tahereh Kamalikhah, Level of students' awareness and behavior Tehran University Newcomers on AIDS, Comprehensive Nursing and Midwifery, 2013, 70, 23 9.
- 10. Fatemeh Rakhshani, Malek Afagh Shokrollahi\*, Fereshteh Zamani Aloveicheh, Tahereh Kamalikhah, Study of the Lifestyle of Basij Instructors and Related Factors in Medical Universities of Tehran Province in 2013-2014, Tolooebehdasht, 2017, 16, 1
- 11. Tahereh Kamalikhah, Mahdieh Shadbash, Lived Experience, Perspectives on Hijab and Covering in the Lived Experience of Patients with Human Papilloma, Journal of Interdisciplinary Studies of Jihad Tabi'in, 2014